



April 2012 Menu

www.cjhs.org/pdf/lunch

*All soups and salads are gluten-free.
Dairy-free options are available at every meal.*

	4/2/2012	4/3/2012	4/4/2012	4/5/2012	4/6/2012
CYCLE IV	Tomato Basil Soup Broccoli & Garlic Pasta with Tofu Mixed Vegetables Garlic Bread Lemon Bars Fruit Cup	Cream of Broccoli Soup Tuna Melt Spinach Fettuccine Stir-Fry Vegetables Fruit Cup	Tuscany Bean Soup Three-Cheese Lasagna Plain Noodles Chopped Fiesta Salad Jello Fruited Parfait	PESACH VACATION	
	4/16/2012	4/17/2012	4/18/2012	4/19/2012	4/20/2012
CYCLE II	END OF PESACH VACATION	Minestrone Soup Tossed Salad Spaghetti w/ Marinara Plain Spaghetti Garlic Bread Banana Bread Fruit Cup	Baked Potato Soup Veggie Burger w/Steak Fries Caesar Salad Bar Chocolate Chip Cookie Fruit Cup	Navy Bean Soup Macaroni & Cheese Plain Macaroni Green Beans Hawaiian Jello Cupcakes	PROFESSIONAL DAY--NO CLASSES
	4/23/2012	4/24/2012	4/25/2012	4/26/2012	4/27/2012
CYCLE III	Tomato Basil Soup Grilled Cheese Coleslaw Fruit Cup Oatmeal Cookie	Sweet/Sour or Pepper Cheese Soup Breaded Tilapia French Fries Herbed Orzo Tex-Mex Salad Bar Cheesecake Fruit Cup	Tortellini Soup Veggie Sub Sandwich w/Assorted Cheese & Roasted Vegetables Plain Pasta Pasta Salad Fruit Cup	Minestrone Soup Falafel in Grilled Pita Cucumber Sauce Basmati Dill Rice Banana Cake Fruit Cup	Green Split Pea Soup Cheese & Veggie Pizza Caesar Salad Brownie Fruit Cup
	4/30/2012	5/1/2012	5/2/2012	5/3/2012	5/4/2012
CYCLE IV	Tomato Basil Soup Broccoli & Garlic Pasta with Tofu Mixed Vegetables Garlic Bread Lemon Bars Fruit Cup	Cream of Broccoli Soup Tuna Melt Spinach Fettuccine Stir-Fry Vegetables Fruit Cup	Tuscany Bean Soup Three-Cheese Lasagna Plain Noodles Chopped Fiesta Salad Jello Fruited Parfait	Vegetable Gumbo Grilled Vegetable & Cheese Panini Vinaigrette Coleslaw Spicy Fries Fruit Cup	Lima Bean Soup Cheese & Veggie Pizza Tossed Italian Salad Chocolate Chip Cookie